What does PSHE and RSE look like at Suckley School?

Our Aims for the children of Suckley

We believe that PSHE & Citizenship Education contributes to our children's personal development by helping them to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. By developing an understanding of themselves, empathy and the ability to work with others we wish to help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.





Inclusivity

If every child feels content, secure and supported, they will thrive. As part of this belief, we aim to deliver a high-quality, all-inclusive Personal, Social, Health, Economic (PSHE) & Citizenship Education Scheme in which every child feels safe and happy. This should ensure that each and every one of our children – regardless of their ability or background - achieves their full potential and leaves our school prepared for the demands of society in their future. Through all aspects of our PSHE & Citizenship teaching, we consider the needs of each of our pupils. As such, our curriculum promotes equality, tolerance and acceptance of all and we celebrate differences and individuality.

Suckley Values

Our values were chosen by the children based on what they think are important values to live by. When we spot the children showing a core value, we add a marble to that jar. When a value jar is full, the children choose how to celebrate. We have had pizza parties, glow stick discos and pj days so far…

Perseverance * Kindness * Respect * Determination
Independence * Honesty

Our Topics

Our PSHE & Citizenship Education programme of study covers Reception, Key Stages 1 & 2 and is based on three core themes within which there is broad overlap and flexibility: Core theme 1 - Health and Wellbeing; Core theme 2 – Relationships; Core theme 3 - Living in the Wider World







Thriving at Suckley

Many of our staff are trained to use Thrive, a program which uses brain science to understand how pathways are built, and how they can be, for whatever reason interrupted. Through the program staff deliver simple and effective strategies and activities within class curriculum.
Where children need additional support, these strategies are delivered in a one to one regular sessions, individualised to the child and discussed with the child's family. with repetition these activities can increase the child's self-worth, develop their capacity to make sense of their world and enable them to take responsibility for their feelings, emotions and behaviour.